



# Klosterlauf - Thüringen Trail 2017

Kloster Anrode / 10.09.2017

## Detailed evaluation

**LIPPOLD, Yvonne**

Club: Mühlhäuser Röblinglaufverein

Number: 1018

Course: 10.00 km

THÜRINGEN TRAIL

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 55:15

Speed: 10.86 km/h

Running performance: 5:31 min/km

Rank in course/Total: 18 (of 32)

Rank in course/Women: 3 (of 9)

Best time in course: 52:14

Rank in category: 1(of 4)

Best time in the category: 55:15