



Kornetu STIRNU BUKS

Korneti / 01.07.2017

Detailed evaluation

Freija, Dita

Club: CrossFit Rīdzene 2

Number: 3690

Course: 11.00 km

Zakis

Category:

SZ3

Total time: 1:30:01

Speed: 7.33 km/h

Rank in course/Total: 370 (of 708)

Rank in course/Women: 106 (of 338)

Best time in course: 59:41

Rank in category: 89(of 294)

Best time in the category: 1:01:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
105	-	47:28	-	95	15:21	114	16:17	-	47:28	-	95	15:21	114	16:17
Sprint Start	-	22:34	-	109	7:50	127	7:50	-	1:10:02	-	100	22:48	118	23:48
Sprint Finish	-	2:27	-	62	1:04	75	1:27	-	1:12:29	-	97	23:26	114	24:47
Finish	-	17:32	-	79	5:46	94	5:46	11.00	1:30:01	-	89	28:56	106	30:20