



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**HILLER, Manfred**

Club: Kieselbach

Number: 459

Course: 9.75 km

10 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 59:50

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 100 (of 166)

Rank in course/Men: 67 (of 94)

Best time in course: 36:01

Rank in category: 3(of 3)

Best time in the category: 44:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:51	5:48	3	4:37	58	7:00	3.25	18:51	5:48	3	4:37	58	7:00
Lap 2	3.25	20:48	6:24	3	5:33	70	8:39	6.50	39:39	6:05	3	10:10	65	15:24
Last lap Finish	3.25	20:11	6:12	3	5:01	61	8:25	9.75	59:50	6:08	3	15:11	67	23:49