



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

GOTTBEHÜT, Simone

Club: FFW Kaltensundheim

Number: 441

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:13

Speed: 8.97 km/h

Running performance: 6:11 min/km

Rank in course/Total: 101 (of 166)

Rank in course/Women: 34 (of 72)

Best time in course: 42:41

Rank in category: 8(of 11)

Best time in the category: 49:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:33	6:00	7	3:16	34	5:56	3.25	19:33	6:00	7	3:16	34	5:56
Lap 2	3.25	20:38	6:20	8	4:04	35	6:08	6.50	40:11	6:10	8	7:20	35	12:04
Last lap Finish	3.25	20:02	6:09	7	3:53	30	5:28	9.75	1:00:13	6:10	8	11:13	34	17:32