



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

Brenz, Michael

Club: Meiningen

Number: 418

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:00:30

Speed: 8.93 km/h

Running performance: 6:13 min/km

Rank in course/Total: 103 (of 166)

Rank in course/Men: 69 (of 94)

Best time in course: 36:01

Rank in category: 9(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:29	5:59	9	6:43	67	7:38	3.25	19:29	5:59	9	6:43	67	7:38
Lap 2	3.25	20:51	6:24	10	7:31	73	8:42	6.50	40:20	6:12	9	14:14	68	16:05
Last lap Finish	3.25	20:10	6:12	8	6:51	60	8:24	9.75	1:00:30	6:12	9	21:05	69	24:29