



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WEY, Lisa

Club: Heyerode

Number: 585

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:00:58

Speed: 8.86 km/h

Running performance: 6:15 min/km

Rank in course/Total: 108 (of 166)

Rank in course/Women: 38 (of 72)

Best time in course: 42:41

Rank in category: 4(of 11)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:37	6:20	6	2:17	47	7:00	3.25	20:37	6:20	6	2:17	47	7:00
Lap 2	3.25	20:46	6:23	4	2:11	39	6:16	6.50	41:23	6:21	4	4:28	41	13:16
Last lap Finish	3.25	19:35	6:01	3	0:50	25	5:01	9.75	1:00:58	6:15	4	5:18	38	18:17