



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BÖTTGER, Katja

Club: Kölln-Reisiek

Number: 208

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:01:23

Speed: 8.80 km/h

Running performance: 6:18 min/km

Rank in course/Total: 112 (of 166)

Rank in course/Women: 40 (of 72)

Best time in course: 42:41

Rank in category: 8(of 10)

Best time in the category: 45:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:00	7:04	9	8:37	65	9:23	3.25	23:00	7:04	9	8:37	65	9:23
Lap 2	3.25	19:02	5:51	3	3:51	18	4:32	6.50	42:02	6:28	8	12:28	46	13:55
Last lap Finish	3.25	19:21	5:57	4	3:50	20	4:47	9.75	1:01:23	6:17	8	16:18	40	18:42