



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

REINICKE, Silke

Club: KSV Baunatal

Number: 523

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:00

Speed: 8.57 km/h

Running performance: 6:28 min/km

Rank in course/Total: 122 (of 166)

Rank in course/Women: 45 (of 72)

Best time in course: 42:41

Rank in category: 9(of 11)

Best time in the category: 49:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:59	6:08	9	3:42	40	6:22	3.25	19:59	6:08	9	3:42	40	6:22
Lap 2	3.25	21:31	6:37	9	4:57	47	7:01	6.50	41:30	6:23	9	8:39	42	13:23
Last lap Finish	3.25	21:30	6:36	9	5:21	46	6:56	9.75	1:03:00	6:27	9	14:00	45	20:19