



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

PYSCHIK, martin

Club: sportklinik halle

Number: 518

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:48

Speed: 8.46 km/h

Running performance: 6:32 min/km

Rank in course/Total: 126 (of 166)

Rank in course/Men: 79 (of 94)

Best time in course: 36:01

Rank in category: 14(of 16)

Best time in the category: 46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:13	5:54	12	4:45	64	7:22	3.25	19:13	5:54	12	4:45	64	7:22
Lap 2	3.25	21:48	6:42	14	5:46	78	9:39	6.50	41:01	6:18	14	10:31	74	16:46
Last lap Finish	3.25	22:47	7:00	15	6:34	83	11:01	9.75	1:03:48	6:32	14	17:05	79	27:47