



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HEINELT, Hubertus

Club: TSV Glinde

Number: 451

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:04:24

Speed: 8.39 km/h

Running performance: 6:37 min/km

Rank in course/Total: 128 (of 166)

Rank in course/Men: 80 (of 94)

Best time in course: 36:01

Rank in category: 12(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:11	6:49	14	9:25	88	10:20	3.25	22:11	6:49	14	9:25	88	10:20
Lap 2	3.25	20:55	6:26	11	7:35	74	8:46	6.50	43:06	6:37	13	17:00	82	18:51
Last lap Finish	3.25	21:18	6:33	11	7:59	75	9:32	9.75	1:04:24	6:36	12	24:59	80	28:23