



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HAFT, Oliver

Club: Sole Runners Bad Salzungen

Number: 444

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 42:36

Speed: 12.68 km/h

Running performance: 4:22 min/km

Rank in course/Total: 12 (of 166)

Rank in course/Men: 12 (of 94)

Best time in course: 36:01

Rank in category: 3(of 6)

Best time in the category: 37:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:52	3:57	3	1:01	8	1:01	3.25	12:52	3:57	3	1:01	8	1:01
Lap 2	3.25	15:09	4:39	3	2:31	15	3:00	6.50	28:01	4:18	3	3:16	11	3:46
Last lap Finish	3.25	14:35	4:29	3	2:24	12	2:49	9.75	42:36	4:22	3	5:10	12	6:35