



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HAFT, Oliver

Club: Sole Runners Bad Salzungen

Number: 444

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 42:36

Speed: 12.68 km/h

Running performance: 4:22 min/km

Rank in course/Total: 12 (of 166)

Rank in course/Men: 12 (of 94)

Best time in course: 36:01

Rank in category: 3(of 6)

Best time in the category: 37:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 12:52 | 3:57 | 3 | 1:01 | 8 | 1:01 | 3.25 | 12:52 | 3:57 | 3 | 1:01 | 8 | 1:01 |
| Lap 2 | 3.25 | 15:09 | 4:39 | 3 | 2:31 | 15 | 3:00 | 6.50 | 28:01 | 4:18 | 3 | 3:16 | 11 | 3:46 |
| Last lap Finish | 3.25 | 14:35 | 4:29 | 3 | 2:24 | 12 | 2:49 | 9.75 | 42:36 | 4:22 | 3 | 5:10 | 12 | 6:35 |