



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

STESCHULAT, Alexandra

Club: Team Erdinger Alkoholfrei

Number: 329

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:04:56

Speed: 8.32 km/h

Running performance: 6:40 min/km

Rank in course/Total: 131 (of 166)

Rank in course/Women: 50 (of 72)

Best time in course: 42:41

Rank in category: 8(of 11)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:00	7:04	10	4:40	65	9:23	3.25	23:00	7:04	10	4:40	65	9:23
Lap 2	3.25	20:54	6:25	5	2:19	41	6:24	6.50	43:54	6:45	9	6:59	57	15:47
Last lap Finish	3.25	21:02	6:28	6	2:17	43	6:28	9.75	1:04:56	6:39	8	9:16	50	22:15