



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

RECKNAGEL, Jessica

Club: Gumpelstadt

Number: 521

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:05:13

Speed: 8.97 km/h

Running performance: 6:41 min/km

Rank in course/Total: 132 (of 166)

Rank in course/Women: 51 (of 72)

Best time in course: 42:41

Rank in category: 9(of 11)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:26	6:35	9	3:06	53	7:49	3.25	21:26	6:35	9	3:06	53	7:49
Lap 2	3.25	23:28	7:13	10	4:53	62	8:58	6.50	44:54	6:54	10	7:59	61	16:47
Last lap Finish	3.25	20:19	6:15	5	1:34	36	5:45	9.75	1:05:13	6:41	9	9:33	51	22:32