



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DOERING, Thomas

Club: Rhoentapas Fans

Number: 420

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:24

Speed: 8.26 km/h

Running performance: 6:43 min/km

Rank in course/Total: 135 (of 166)

Rank in course/Men: 82 (of 94)

Best time in course: 36:01

Rank in category: 13(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:56 | 6:08 | 11 | 7:10 | 74 | 8:05 | 3.25 | 19:56 | 6:08 | 11 | 7:10 | 74 | 8:05 |
| Lap 2 | 3.25 | 21:25 | 6:35 | 12 | 8:05 | 77 | 9:16 | 6.50 | 41:21 | 6:21 | 12 | 15:15 | 75 | 17:06 |
| Last lap Finish | 3.25 | 24:03 | 7:24 | 14 | 10:44 | 89 | 12:17 | 9.75 | 1:05:24 | 6:42 | 13 | 25:59 | 82 | 29:23 |