



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DOERING, Thomas

Club: Rhoentapas Fans

Number: 420

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:24

Speed: 8.94 km/h

Running performance: 6:43 min/km

Rank in course/Total: 135 (of 166)

Rank in course/Men: 82 (of 94)

Best time in course: 36:01

Rank in category: 13(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:56	6:08	11	7:10	74	8:05	3.25	19:56	6:08	11	7:10	74	8:05
Lap 2	3.25	21:25	6:35	12	8:05	77	9:16	6.50	41:21	6:21	12	15:15	75	17:06
Last lap Finish	3.25	24:03	7:24	14	10:44	89	12:17	9.75	1:05:24	6:42	13	25:59	82	29:23