



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WOLF, Elke

Club: SCC Scharmede

Number: 589

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 42:41

Speed: 12.65 km/h

Running performance: 4:23 min/km

Rank in course/Total: 13 (of 166)

Rank in course/Women: 1 (of 72)

Best time in course: 42:41

Rank in category: 1 (of 8)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time			min/km	Pos Women	Behind Women
Lap 1	3.25	13:37	4:11	1	-	1	-	3.25	13:37	4:11	1	-	1	-
Lap 2	3.25	14:30	4:27	1	-	1	-	6.50	28:07	4:19	1	-	1	-
Last lap Finish	3.25	14:34	4:28	1	-	1	-	9.75	42:41	4:22	1	-	1	-