



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HARTMANN, Katja

Club: Kópavogur Ísland

Number: 446

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:06:13

Speed: 8.16 km/h

Running performance: 6:47 min/km

Rank in course/Total: 139 (of 166)

Rank in course/Women: 55 (of 72)

Best time in course: 42:41

Rank in category: 9(of 13)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:56	6:26	9	4:41	52	7:19	3.25	20:56	6:26	9	4:41	52	7:19
Lap 2	3.25	22:28	6:54	9	5:29	54	7:58	6.50	43:24	6:40	10	10:10	56	15:17
Last lap Finish	3.25	22:49	7:01	10	5:45	57	8:15	9.75	1:06:13	6:47	9	15:55	55	23:32