



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KRÜGER, Agnes

Club: Berlin
Number: 482

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:07:16

Speed: 8.03 km/h
Running performance: 6:54 min/km

Rank in course/Total: 142 (of 166)

Rank in course/Women: 58 (of 72)

Best time in course: 42:41

Rank in category: 10(of 13)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:47	6:42	12	5:32	61	8:10	3.25	21:47	6:42	12	5:32	61	8:10
Lap 2	3.25	23:14	7:08	10	6:15	60	8:44	6.50	45:01	6:55	12	11:47	62	16:54
Last lap Finish	3.25	22:15	6:50	9	5:11	52	7:41	9.75	1:07:16	6:53	10	16:58	58	24:35