



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BOHNERT, Andrea

Club: Freiburg

Number: 412

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:07:51

Speed: 7.96 km/h

Running performance: 6:58 min/km

Rank in course/Total: 145 (of 166)

Rank in course/Women: 60 (of 72)

Best time in course: 42:41

Rank in category: 9(of 10)

Best time in the category: 45:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:15	6:50	8	7:52	62	8:38	3.25	22:15	6:50	8	7:52	62	8:38
Lap 2	3.25	22:57	7:03	9	7:46	57	8:27	6.50	45:12	6:57	9	15:38	63	17:05
Last lap Finish	3.25	22:39	6:58	9	7:08	55	8:05	9.75	1:07:51	6:57	9	22:46	60	25:10