



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KLEINERT, Steffi

Club: KSV Baunatal

Number: 475

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:07:56

Speed: 7.95 km/h

Running performance: 6:58 min/km

Rank in course/Total: 147 (of 166)

Rank in course/Women: 61 (of 72)

Best time in course: 42:41

Rank in category: 7(of 8)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:43	6:40	7	8:06	59	8:06	3.25	21:43	6:40	7	8:06	59	8:06
Lap 2	3.25	23:05	7:06	7	8:35	58	8:35	6.50	44:48	6:53	7	16:41	59	16:41
Last lap Finish	3.25	23:08	7:07	7	8:34	58	8:34	9.75	1:07:56	6:58	7	25:15	61	25:15