



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHLICHTIG, Karl

Club: DJK Teutonia Gaustadt

Number: 536

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 43:47

Speed: 12.33 km/h

Running performance: 4:29 min/km

Rank in course/Total: 15 (of 166)

Rank in course/Men: 14 (of 94)

Best time in course: 36:01

Rank in category: 2(of 12)

Best time in the category: 40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:51	4:15	2	0:55	16	2:00	3.25	13:51	4:15	2	0:55	16	2:00
Lap 2	3.25	14:56	4:35	2	1:19	13	2:47	6.50	28:47	4:25	2	2:14	14	4:32
Last lap Finish	3.25	15:00	4:36	2	1:11	15	3:14	9.75	43:47	4:29	2	3:25	14	7:46