



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

ZINDEL, Kathrin

Club: Stuttgart

Number: 600

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:11:43

Speed: 7.53 km/h

Running performance: 7:22 min/km

Rank in course/Total: 153 (of 166)

Rank in course/Women: 64 (of 72)

Best time in course: 42:41

Rank in category: 13(of 13)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:54	7:02	13	6:39	63	9:17	3.25	22:54	7:02	13	6:39	63	9:17
Lap 2	3.25	24:20	7:29	12	7:21	63	9:50	6.50	47:14	7:15	13	14:00	65	19:07
Last lap Finish	3.25	24:29	7:31	12	7:25	63	9:55	9.75	1:11:43	7:21	13	21:25	64	29:02