



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

ZINDEL, Christa

Club: Stuttgart

Number: 597

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:11:45

Speed: 7.53 km/h

Running performance: 7:22 min/km

Rank in course/Total: 154 (of 166)

Rank in course/Women: 65 (of 72)

Best time in course: 42:41

Rank in category: 1(of 1)

Best time in the category: 1:11:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:54	7:02	1	-	63	9:17	3.25	22:54	7:02	1	-	63	9:17
Lap 2	3.25	24:20	7:29	1	-	63	9:50	6.50	47:14	7:15	1	-	65	19:07
Last lap Finish	3.25	24:31	7:32	1	-	64	9:57	9.75	1:11:45	7:21	1	-	65	29:04