



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WOLFRAM, Daniel

Club: Berlin
Number: 590

Course: 9.75 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:14:10

Speed: 7.28 km/h
Running performance: 7:37 min/km

Rank in course/Total: 157 (of 166)

Rank in course/Men: 91 (of 94)

Best time in course: 36:01

Rank in category: 11(of 11)

Best time in the category: 40:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:23	6:53	11	9:40	89	10:32	3.25	22:23	6:53	11	9:40	89	10:32
Lap 2	3.25	25:23	7:48	11	11:39	91	13:14	6.50	47:46	7:20	11	21:11	90	23:31
Last lap Finish	3.25	26:24	8:07	11	12:39	92	14:38	9.75	1:14:10	7:36	11	33:50	91	38:09