



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

GÖPEL, Thomas

Club: Wutha-Farnroda

Number: 440

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:28:09

Speed: 6.13 km/h

Running performance: 9:02 min/km

Rank in course/Total: 161 (of 166)

Rank in course/Men: 93 (of 94)

Best time in course: 36:01

Rank in category: 15(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	28:00	8:36	15	15:14	94	16:09	3.25	28:00	8:36	15	15:14	94	16:09
Lap 2	3.25	30:03	9:14	15	16:43	93	17:54	6.50	58:03	8:55	15	31:57	93	33:48
Last lap Finish	3.25	30:06	9:15	15	16:47	93	18:20	9.75	1:28:09	9:02	15	48:44	93	52:08