



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

GOTTBEHÜT, Rene

Club: FFW Kaltensundheim

Number: 226

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:40:06

Speed: 13.19 km/h

Running performance: 4:24 min/km

Rank in course/Total: 11 (of 149)

Rank in course/Men: 11 (of 114)

Best time in course: 1:27:11

Rank in category: 2(of 8)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:58	4:17	3	1:27	20	2:16	3.25	13:58	4:17	3	1:27	20	2:16
Lap 2	3.25	14:04	4:19	2	1:10	14	1:30	6.50	28:02	4:18	2	2:37	16	3:46
Lap 3	3.25	14:17	4:23	2	1:06	11	1:54	9.75	42:19	4:20	2	3:43	15	5:40
Lap 4	3.25	14:18	4:24	2	0:55	10	1:45	13.00	56:37	4:21	2	4:38	14	7:25
Lap 5	3.25	14:36	4:29	2	1:09	11	1:54	16.25	1:11:13	4:22	2	5:47	12	9:19
Lap 6	3.25	14:43	4:31	2	0:55	11	1:50	19.50	1:25:56	4:24	2	6:42	12	11:08
Last lap Finish	3.25	14:10	4:21	2	0:07	8	1:47	22.75	1:40:06	4:23	2	6:49	11	12:55