



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

LOCHERER, Christoph

Club: SV Birkenhard

Number: 261

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:48:34

Speed: 12.57 km/h

Running performance: 4:46 min/km

Rank in course/Total: 22 (of 149)

Rank in course/Men: 22 (of 114)

Best time in course: 1:27:11

Rank in category: 4(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:18 | 4:42 | 8 | 3:07 | 35 | 3:36 | 3.25 | 15:18 | 4:42 | 8 | 3:07 | 35 | 3:36 |
| Lap 2 | 3.25 | 15:26 | 4:44 | 8 | 2:35 | 32 | 2:52 | 6.50 | 30:44 | 4:43 | 8 | 5:42 | 31 | 6:28 |
| Lap 3 | 3.25 | 15:29 | 4:45 | 5 | 2:31 | 28 | 3:06 | 9.75 | 46:13 | 4:44 | 8 | 8:13 | 31 | 9:34 |
| Lap 4 | 3.25 | 15:37 | 4:48 | 5 | 2:54 | 27 | 3:04 | 13.00 | 1:01:50 | 4:45 | 8 | 11:07 | 31 | 12:38 |
| Lap 5 | 3.25 | 15:31 | 4:46 | 3 | 2:41 | 17 | 2:49 | 16.25 | 1:17:21 | 4:45 | 5 | 13:48 | 27 | 15:27 |
| Lap 6 | 3.25 | 15:35 | 4:47 | 3 | 2:42 | 17 | 2:42 | 19.50 | 1:32:56 | 4:45 | 4 | 16:30 | 24 | 18:08 |
| Last lap Finish | 3.25 | 15:38 | 4:48 | 4 | 2:40 | 18 | 3:15 | 22.75 | 1:48:34 | 4:46 | 4 | 19:10 | 22 | 21:23 |