



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHINKMANN, Thomas

Club: TSG Mainaschaff

Number: 309

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:50:57

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 30 (of 149)

Rank in course/Men: 27 (of 114)

Best time in course: 1:27:11

Rank in category: 5(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:01	4:37	6	2:50	29	3:19	3.25	15:01	4:37	6	2:50	29	3:19
Lap 2	3.25	15:17	4:42	6	2:26	27	2:43	6.50	30:18	4:39	6	5:16	29	6:02
Lap 3	3.25	15:32	4:46	7	2:34	30	3:09	9.75	45:50	4:42	7	7:50	29	9:11
Lap 4	3.25	15:53	4:53	6	3:10	30	3:20	13.00	1:01:43	4:44	5	11:00	26	12:31
Lap 5	3.25	15:58	4:54	5	3:08	28	3:16	16.25	1:17:41	4:46	6	14:08	28	15:47
Lap 6	3.25	16:38	5:07	7	3:45	31	3:45	19.50	1:34:19	4:50	6	17:53	28	19:31
Last lap Finish	3.25	16:38	5:07	6	3:40	30	4:15	22.75	1:50:57	4:52	5	21:33	27	23:46