



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

GÜSE, Fabian

Club: Hannover Runners

Number: 229

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:51:47

Speed: 11.81 km/h

Running performance: 4:55 min/km

Rank in course/Total: 31 (of 149)

Rank in course/Men: 29 (of 114)

Best time in course: 1:27:11

Rank in category: 3(of 20)

Best time in the category: 1:38:31

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:41	4:31	4	2:27	24	2:59	3.25	14:41	4:31	4	2:27	24	2:59
Lap 2	3.25	15:15	4:41	4	1:31	26	2:41	6.50	29:56	4:36	4	3:58	25	5:40
Lap 3	3.25	15:23	4:44	4	1:20	25	3:00	9.75	45:19	4:38	4	5:09	26	8:40
Lap 4	3.25	16:29	5:04	7	2:12	38	3:56	13.00	1:01:48	4:45	4	7:09	29	12:36
Lap 5	3.25	16:56	5:12	7	2:35	40	4:14	16.25	1:18:44	4:50	4	9:05	30	16:50
Lap 6	3.25	16:55	5:12	7	2:15	36	4:02	19.50	1:35:39	4:54	5	11:18	31	20:51
Last lap Finish	3.25	16:08	4:57	3	1:58	24	3:45	22.75	1:51:47	4:54	3	13:16	29	24:36