



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**PEñALBA, Rafael**

Club: TEA / 100 MC Germany

Number: 101

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:53:40

Speed: 11.61 km/h

Running performance: 5:00 min/km

Rank in course/Total: 39 (of 149)

Rank in course/Men: 36 (of 114)

Best time in course: 1:27:11

Rank in category: 4(of 5)

Best time in the category: 1:37:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:41	4:49	4	2:49	37	3:59	3.25	15:41	4:49	4	2:49	37	3:59	
Lap 2	3.25	15:47	4:51	4	2:06	36	3:13	6.50	31:28	4:50	4	4:55	36	7:12	
Lap 3	3.25	16:05	4:56	4	2:11	38	3:42	9.75	47:33	4:52	4	7:06	34	10:54	
Lap 4	3.25	16:16	5:00	4	2:08	36	3:43	13.00	1:03:49	4:54	4	9:14	40	14:37	
Lap 5	3.25	16:49	5:10	4	2:41	39	4:07	16.25	1:20:38	4:57	4	11:55	39	18:44	
Lap 6	3.25	17:00	5:13	4	2:42	38	4:07	19.50	1:37:38	5:00	4	14:37	38	22:50	
Last lap Finish	3.25	16:02	4:56	4	1:56	23	3:39	22.75	1:53:40	4:59	4	16:33	36	26:29	