



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

LUTZ, Ferdinand

Club: Laufftreff Freigericht

Number: 264

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:00:13

Speed: 11.35 km/h

Running performance: 5:17 min/km

Rank in course/Total: 53 (of 149)

Rank in course/Men: 47 (of 114)

Best time in course: 1:27:11

Rank in category: 8(of 17)

Best time in the category: 1:38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:58	5:13	11	4:24	59	5:16	3.25	16:58	5:13	11	4:24	59	5:16	
Lap 2	3.25	16:53	5:11	12	3:16	57	4:19	6.50	33:51	5:12	11	7:40	56	9:35	
Lap 3	3.25	16:50	5:10	9	2:55	48	4:27	9.75	50:41	5:11	11	10:08	54	14:02	
Lap 4	3.25	17:06	5:15	9	3:00	50	4:33	13.00	1:07:47	5:12	10	12:37	53	18:35	
Lap 5	3.25	17:06	5:15	8	2:43	43	4:24	16.25	1:24:53	5:13	9	15:09	50	22:59	
Lap 6	3.25	17:37	5:25	10	2:59	48	4:44	19.50	1:42:30	5:15	8	18:08	47	27:42	
Last lap Finish	3.25	17:43	5:27	9	3:11	50	5:20	22.75	2:00:13	5:17	8	21:17	47	33:02	