



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

TIMM, Jana

Club: SV 1885 Teutschenthal

Number: 336

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:01:05

Speed: 10.90 km/h

Running performance: 5:19 min/km

Rank in course/Total: 57 (of 149)

Rank in course/Women: 7 (of 35)

Best time in course: 1:49:12

Rank in category: 2(of 10)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	16:05	4:56	2	0:11	7	1:38	3.25	16:05	4:56	2	0:11	7	1:38
Lap 2	3.25	17:22	5:20	2	0:48	8	2:34	6.50	33:27	5:08	2	0:59	7	4:12
Lap 3	3.25	17:25	5:21	2	0:17	7	2:08	9.75	50:52	5:13	2	1:16	7	6:20
Lap 4	3.25	17:32	5:23	2	0:36	7	1:52	13.00	1:08:24	5:15	2	1:52	7	8:12
Lap 5	3.25	17:36	5:24	2	0:15	7	1:31	16.25	1:26:00	5:17	2	2:07	7	9:43
Lap 6	3.25	17:30	5:23	2	0:02	7	1:40	19.50	1:43:30	5:18	2	2:09	7	11:00
Last lap Finish	3.25	17:35	5:24	2	0:35	7	1:38	22.75	2:01:05	5:19	2	2:44	7	11:53