



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MATTERN, Rainer

Club: CJR Ebersdorf

Number: 271

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:01:36

Speed: 11.23 km/h

Running performance: 5:21 min/km

Rank in course/Total: 60 (of 149)

Rank in course/Men: 53 (of 114)

Best time in course: 1:27:11

Rank in category: 10(of 17)

Best time in the category: 1:38:56

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:00	5:32	13	5:26	75	6:18	3.25	18:00	5:32	13	5:26	75	6:18
Lap 2	3.25	17:14	5:18	13	3:37	63	4:40	6.50	35:14	5:25	13	9:03	70	10:58
Lap 3	3.25	17:10	5:16	12	3:15	57	4:47	9.75	52:24	5:22	13	11:51	64	15:45
Lap 4	3.25	17:15	5:18	10	3:09	54	4:42	13.00	1:09:39	5:21	13	14:29	60	20:27
Lap 5	3.25	17:33	5:24	9	3:10	51	4:51	16.25	1:27:12	5:21	12	17:28	58	25:18
Lap 6	3.25	17:24	5:21	8	2:46	42	4:31	19.50	1:44:36	5:21	12	20:14	54	29:48
Last lap Finish	3.25	17:00	5:13	6	2:28	42	4:37	22.75	2:01:36	5:20	10	22:40	53	34:25