



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

ALBRECHT, Mario

Club: fh runners

Number: 200

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:01:55

Speed: 11.20 km/h

Running performance: 5:22 min/km

Rank in course/Total: 61 (of 149)

Rank in course/Men: 54 (of 114)

Best time in course: 1:27:11

Rank in category: 11(of 17)

Best time in the category: 1:38:56

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:13	4:40	8	2:39	34	3:31	3.25	15:13	4:40	8	2:39	34	3:31
Lap 2	3.25	16:01	4:55	9	2:24	44	3:27	6.50	31:14	4:48	8	5:03	35	6:58
Lap 3	3.25	16:48	5:10	8	2:53	47	4:25	9.75	48:02	4:55	8	7:29	40	11:23
Lap 4	3.25	17:19	5:19	11	3:13	56	4:46	13.00	1:05:21	5:01	8	10:11	43	16:09
Lap 5	3.25	18:06	5:34	10	3:43	56	5:24	16.25	1:23:27	5:08	8	13:43	44	21:33
Lap 6	3.25	19:36	6:01	12	4:58	64	6:43	19.50	1:43:03	5:17	9	18:41	48	28:15
Last lap Finish	3.25	18:52	5:48	11	4:20	57	6:29	22.75	2:01:55	5:21	11	22:59	54	34:44