



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DIEPENBROCK, Kira

Club: Northwood Runners

Number: 213

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:08:14

Speed: 10.29 km/h

Running performance: 5:38 min/km

Rank in course/Total: 70 (of 149)

Rank in course/Women: 9 (of 35)

Best time in course: 1:49:12

Rank in category: 2(of 3)

Best time in the category: 1:55:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:36	5:06	2	1:34	9	2:09	3.25	16:36	5:06	2	1:34	9	2:09
Lap 2	3.25	17:32	5:23	2	1:50	9	2:44	6.50	34:08	5:15	2	3:24	9	4:53
Lap 3	3.25	18:12	5:35	2	2:00	9	2:55	9.75	52:20	5:22	2	5:24	9	7:48
Lap 4	3.25	18:27	5:40	2	1:35	10	2:47	13.00	1:10:47	5:26	2	6:59	9	10:35
Lap 5	3.25	19:11	5:54	2	1:54	10	3:06	16.25	1:29:58	5:32	2	8:53	9	13:41
Lap 6	3.25	19:11	5:54	2	1:46	10	3:21	19.50	1:49:09	5:35	2	10:39	9	16:39
Last lap Finish	3.25	19:05	5:52	2	2:34	10	3:08	22.75	2:08:14	5:38	2	13:13	9	19:02