



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**HALDER, Claudia**

Club: SV Birkenhard

Number: 230

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:10:24

Speed: 10.12 km/h

Running performance: 5:44 min/km

Rank in course/Total: 75 (of 149)

Rank in course/Women: 10 (of 35)

Best time in course: 1:49:12

Rank in category: 3(of 10)

Best time in the category: 1:58:21

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:39	5:44	6	2:45	17	4:12	3.25	18:39	5:44	6	2:45	17	4:12
Lap 2	3.25	18:15	5:36	4	1:41	12	3:27	6.50	36:54	5:40	5	4:26	15	7:39
Lap 3	3.25	18:16	5:37	3	1:08	10	2:59	9.75	55:10	5:39	5	5:34	13	10:38
Lap 4	3.25	18:25	5:40	3	1:29	9	2:45	13.00	1:13:35	5:39	4	7:03	11	13:23
Lap 5	3.25	18:38	5:44	3	1:17	9	2:33	16.25	1:32:13	5:40	3	8:20	10	15:56
Lap 6	3.25	19:00	5:50	3	1:32	9	3:10	19.50	1:51:13	5:42	3	9:52	10	18:43
Last lap Finish	3.25	19:11	5:54	4	2:11	11	3:14	22.75	2:10:24	5:43	3	12:03	10	21:12