



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

NOETZEL, Marco

Club: TV1860Nassau e.V.

Number: 288

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:09:33

Speed: 10.19 km/h

Running performance: 5:41 min/km

Rank in course/Total: 72 (of 149)

Rank in course/Men: 63 (of 114)

Best time in course: 1:27:11

Rank in category: 12(of 20)

Best time in the category: 1:38:31

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:24	5:39	16	6:10	82	6:42	3.25	18:24	5:39	16	6:10	82	6:42
Lap 2	3.25	17:35	5:24	12	3:51	68	5:01	6.50	35:59	5:32	14	10:01	76	11:43
Lap 3	3.25	17:41	5:26	12	3:38	64	5:18	9.75	53:40	5:30	12	13:30	71	17:01
Lap 4	3.25	18:17	5:37	12	4:00	62	5:44	13.00	1:11:57	5:32	12	17:18	67	22:45
Lap 5	3.25	18:23	5:39	12	4:02	60	5:41	16.25	1:30:20	5:33	12	20:41	63	28:26
Lap 6	3.25	19:04	5:51	12	4:24	59	6:11	19.50	1:49:24	5:36	12	25:03	63	34:36
Last lap Finish	3.25	20:09	6:11	13	5:59	66	7:46	22.75	2:09:33	5:41	12	31:02	63	42:22