



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

REICH, Oliver

Club: Hamburg

Number: 296

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:12:28

Speed: 9.96 km/h

Running performance: 5:49 min/km

Rank in course/Total: 78 (of 149)

Rank in course/Men: 67 (of 114)

Best time in course: 1:27:11

Rank in category: 15(of 24)

Best time in the category: 1:34:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:58	4:54	9	3:16	45	4:16	3.25	15:58	4:54	9	3:16	45	4:16
Lap 2	3.25	18:05	5:33	14	4:39	75	5:31	6.50	34:03	5:14	11	7:55	60	9:47
Lap 3	3.25	18:43	5:45	16	5:17	77	6:20	9.75	52:46	5:24	13	13:12	66	16:07
Lap 4	3.25	19:18	5:56	17	5:32	77	6:45	13.00	1:12:04	5:32	14	18:44	70	22:52
Lap 5	3.25	19:31	6:00	17	5:37	73	6:49	16.25	1:31:35	5:38	15	24:21	69	29:41
Lap 6	3.25	20:31	6:18	17	6:23	77	7:38	19.50	1:52:06	5:44	15	30:44	67	37:18
Last lap Finish	3.25	20:22	6:15	15	7:02	71	7:59	22.75	2:12:28	5:49	15	37:46	67	45:17