



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**WIEGAND, Uwe**

Club: Stadtallendorf

Number: 349

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:13:14

Speed: 9.91 km/h

Running performance: 5:52 min/km

Rank in course/Total: 81 (of 149)

Rank in course/Men: 70 (of 114)

Best time in course: 1:27:11

Rank in category: 13(of 28)

Best time in the category: 1:29:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:20	5:19	15	5:09	70	5:38	3.25	17:20	5:19	15	5:09	70	5:38
Lap 2	3.25	17:35	5:24	16	4:44	68	5:01	6.50	34:55	5:22	15	9:53	67	10:39
Lap 3	3.25	17:53	5:30	13	4:55	66	5:30	9.75	52:48	5:24	14	14:48	67	16:09
Lap 4	3.25	19:05	5:52	16	6:22	72	6:32	13.00	1:11:53	5:31	14	21:10	66	22:41
Lap 5	3.25	19:49	6:05	17	6:59	79	7:07	16.25	1:31:42	5:38	15	28:09	71	29:48
Lap 6	3.25	20:29	6:18	15	7:36	76	7:36	19.50	1:52:11	5:45	13	35:45	68	37:23
Last lap Finish	3.25	21:03	6:28	16	8:05	79	8:40	22.75	2:13:14	5:51	13	43:50	70	46:03