



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**FÜRER, Michael**

Club: LC BlueLiner

Number: 357

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:16:14

Speed: 10.02 km/h

Running performance: 5:59 min/km

Rank in course/Total: 91 (of 149)

Rank in course/Men: 79 (of 114)

Best time in course: 1:27:11

Rank in category: 17(of 28)

Best time in the category: 1:29:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:30	5:04	12	4:19	53	4:48	3.25	16:30	5:04	12	4:19	53	4:48
Lap 2	3.25	18:24	5:39	19	5:33	79	5:50	6.50	34:54	5:22	14	9:52	66	10:38
Lap 3	3.25	19:52	6:06	23	6:54	94	7:29	9.75	54:46	5:37	19	16:46	76	18:07
Lap 4	3.25	19:26	5:58	19	6:43	81	6:53	13.00	1:14:12	5:42	19	23:29	76	25:00
Lap 5	3.25	21:02	6:28	22	8:12	90	8:20	16.25	1:35:14	5:51	20	31:41	80	33:20
Lap 6	3.25	20:38	6:20	16	7:45	79	7:45	19.50	1:55:52	5:56	19	39:26	79	41:04
Last lap Finish	3.25	20:22	6:15	13	7:24	71	7:59	22.75	2:16:14	5:59	17	46:50	79	49:03