



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SMEETS, Georg

Club: LC Duisburg

Number: 327

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:17:42

Speed: 9.59 km/h

Running performance: 6:03 min/km

Rank in course/Total: 99 (of 149)

Rank in course/Men: 86 (of 114)

Best time in course: 1:27:11

Rank in category: 21(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:35	5:43	21	6:24	85	6:53	3.25	18:35	5:43	21	6:24	85	6:53
Lap 2	3.25	19:02	5:51	22	6:11	89	6:28	6.50	37:37	5:47	21	12:35	88	13:21
Lap 3	3.25	19:19	5:56	21	6:21	87	6:56	9.75	56:56	5:50	22	18:56	87	20:17
Lap 4	3.25	19:48	6:05	21	7:05	83	7:15	13.00	1:16:44	5:54	22	26:01	89	27:32
Lap 5	3.25	19:58	6:08	18	7:08	80	7:16	16.25	1:36:42	5:57	22	33:09	88	34:48
Lap 6	3.25	19:51	6:06	11	6:58	68	6:58	19.50	1:56:33	5:58	20	40:07	85	41:45
Last lap Finish	3.25	21:09	6:30	18	8:11	81	8:46	22.75	2:17:42	6:03	21	48:18	86	50:31