



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

VERCH, Evelyn

Club: Laufteam Edertal

Number: 339

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:17:37

Speed: 9.59 km/h

Running performance: 6:03 min/km

Rank in course/Total: 98 (of 149)

Rank in course/Women: 13 (of 35)

Best time in course: 1:49:12

Rank in category: 5(of 10)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
						Pos Women	Behind Women	km	Time					
Lap 1	3.25	16:06	4:57	3	0:12	8	1:39	3.25	16:06	4:57	3	0:12	8	1:39
Lap 2	3.25	18:16	5:37	5	1:42	13	3:28	6.50	34:22	5:17	3	1:54	10	5:07
Lap 3	3.25	18:40	5:44	4	1:32	11	3:23	9.75	53:02	5:26	3	3:26	10	8:30
Lap 4	3.25	19:22	5:57	5	2:26	12	3:42	13.00	1:12:24	5:34	3	5:52	10	12:12
Lap 5	3.25	20:40	6:21	5	3:19	15	4:35	16.25	1:33:04	5:43	4	9:11	11	16:47
Lap 6	3.25	20:46	6:23	5	3:18	14	4:56	19.50	1:53:50	5:50	5	12:29	12	21:20
Last lap Finish	3.25	23:47	7:19	9	6:47	25	7:50	22.75	2:17:37	6:02	5	19:16	13	28:25