



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SÜLZNER, Mike

Club: Sportshop-Triathlon Team

Number: 333

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:19:32

Speed: 9.46 km/h

Running performance: 6:08 min/km

Rank in course/Total: 102 (of 149)

Rank in course/Men: 87 (of 114)

Best time in course: 1:27:11

Rank in category: 15(of 20)

Best time in the category: 1:38:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:41	5:08	9	4:27	57	4:59	3.25	16:41	5:08	9	4:27	57	4:59	
Lap 2	3.25	18:36	5:43	16	4:52	85	6:02	6.50	35:17	5:25	13	9:19	72	11:01	
Lap 3	3.25	19:40	6:03	17	5:37	92	7:17	9.75	54:57	5:38	14	14:47	77	18:18	
Lap 4	3.25	20:28	6:17	17	6:11	89	7:55	13.00	1:15:25	5:48	14	20:46	81	26:13	
Lap 5	3.25	24:16	7:28	20	9:55	109	11:34	16.25	1:39:41	6:08	17	30:02	92	37:47	
Lap 6	3.25	20:11	6:12	14	5:31	72	7:18	19.50	1:59:52	6:08	16	35:31	89	45:04	
Last lap Finish	3.25	19:40	6:03	11	5:30	62	7:17	22.75	2:19:32	6:07	15	41:01	87	52:21	