



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHNEIDER, Stephan

Club: Polo-Club-Darmstadt e.V.

Number: 317

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:24:12

Speed: 9.15 km/h

Running performance: 6:20 min/km

Rank in course/Total: 107 (of 149)

Rank in course/Men: 91 (of 114)

Best time in course: 1:27:11

Rank in category: 22(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	3.25	20:25	6:16	28	8:14	110	8:43	3.25	20:25	6:16	28	8:14	110	8:43
Lap 2	3.25	20:25	6:16	26	7:34	101	7:51	6.50	40:50	6:16	27	15:48	106	16:34
Lap 3	3.25	19:38	6:02	22	6:40	91	7:15	9.75	1:00:28	6:12	25	22:28	100	23:49
Lap 4	3.25	20:40	6:21	24	7:57	92	8:07	13.00	1:21:08	6:14	24	30:25	98	31:56
Lap 5	3.25	20:28	6:17	20	7:38	84	7:46	16.25	1:41:36	6:15	23	38:03	95	39:42
Lap 6	3.25	21:19	6:33	22	8:26	90	8:26	19.50	2:02:55	6:18	22	46:29	92	48:07
Last lap Finish	3.25	21:17	6:32	19	8:19	83	8:54	22.75	2:24:12	6:20	22	54:48	91	57:01