



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MÜLLER, Rajko

Club: SGRM

Number: 283

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:24:53

Speed: 9.11 km/h

Running performance: 6:22 min/km

Rank in course/Total: 109 (of 149)

Rank in course/Men: 92 (of 114)

Best time in course: 1:27:11

Rank in category: 23(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:14 | 5:55 | 25 | 7:03 | 101 | 7:32 | 3.25 | 19:14 | 5:55 | 25 | 7:03 | 101 | 7:32 |
| Lap 2 | 3.25 | 20:33 | 6:19 | 27 | 7:42 | 102 | 7:59 | 6.50 | 39:47 | 6:07 | 24 | 14:45 | 100 | 15:31 |
| Lap 3 | 3.25 | 21:23 | 6:34 | 27 | 8:25 | 102 | 9:00 | 9.75 | 1:01:10 | 6:16 | 27 | 23:10 | 102 | 24:31 |
| Lap 4 | 3.25 | 20:40 | 6:21 | 24 | 7:57 | 92 | 8:07 | 13.00 | 1:21:50 | 6:17 | 26 | 31:07 | 100 | 32:38 |
| Lap 5 | 3.25 | 21:02 | 6:28 | 22 | 8:12 | 90 | 8:20 | 16.25 | 1:42:52 | 6:19 | 25 | 39:19 | 99 | 40:58 |
| Lap 6 | 3.25 | 21:59 | 6:45 | 23 | 9:06 | 91 | 9:06 | 19.50 | 2:04:51 | 6:24 | 23 | 48:25 | 95 | 50:03 |
| Last lap Finish | 3.25 | 20:02 | 6:09 | 11 | 7:04 | 64 | 7:39 | 22.75 | 2:24:53 | 6:22 | 23 | 55:29 | 92 | 57:42 |