



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DÖRR, Alexander

Club: Meininger Drachen

Number: 216

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:25:12

Speed: 9.09 km/h

Running performance: 6:23 min/km

Rank in course/Total: 110 (of 149)

Rank in course/Men: 93 (of 114)

Best time in course: 1:27:11

Rank in category: 18(of 20)

Best time in the category: 1:38:31

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:04	5:33	14	5:50	77	6:22	3.25	18:04	5:33	14	5:50	77	6:22	
Lap 2	3.25	18:31	5:41	15	4:47	81	5:57	6.50	36:35	5:37	15	10:37	79	12:19	
Lap 3	3.25	18:38	5:44	13	4:35	76	6:15	9.75	55:13	5:39	15	15:03	79	18:34	
Lap 4	3.25	20:39	6:21	18	6:22	90	8:06	13.00	1:15:52	5:50	15	21:13	84	26:40	
Lap 5	3.25	21:34	6:38	17	7:13	95	8:52	16.25	1:37:26	5:59	16	27:47	89	35:32	
Lap 6	3.25	22:56	7:03	19	8:16	97	10:03	19.50	2:00:22	6:10	17	36:01	90	45:34	
Last lap Finish	3.25	24:50	7:38	18	10:40	102	12:27	22.75	2:25:12	6:22	18	46:41	93	58:01	