



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HÖPP, Sibylle

Club: Reisegruppe Schlemmerblock
Number: 239

Course: 22.75 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:26:22

Speed: 9.02 km/h
Running performance: 6:26 min/km

Rank in course/Total: 111 (of 149)

Rank in course/Women: 18 (of 35)

Best time in course: 1:49:12

Rank in category: 7(of 10)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:27	5:40	5	2:33	16	4:00	3.25	18:27	5:40	5	2:33	16	4:00
Lap 2	3.25	19:26	5:58	6	2:52	17	4:38	6.50	37:53	5:49	6	5:25	17	8:38
Lap 3	3.25	20:44	6:22	8	3:36	21	5:27	9.75	58:37	6:00	6	9:01	17	14:05
Lap 4	3.25	21:55	6:44	7	4:59	23	6:15	13.00	1:20:32	6:11	7	14:00	19	20:20
Lap 5	3.25	22:15	6:50	9	4:54	23	6:10	16.25	1:42:47	6:19	7	18:54	19	26:30
Lap 6	3.25	21:52	6:43	7	4:24	18	6:02	19.50	2:04:39	6:23	7	23:18	19	32:09
Last lap Finish	3.25	21:43	6:40	6	4:43	18	5:46	22.75	2:26:22	6:26	7	28:01	18	37:10