



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

STECK, Corinna

Club: Ober-Ramstadt

Number: 328

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:29:23

Speed: 8.84 km/h

Running performance: 6:34 min/km

Rank in course/Total: 116 (of 149)

Rank in course/Women: 22 (of 35)

Best time in course: 1:49:12

Rank in category: 2(of 4)

Best time in the category: 1:50:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	19:45	6:04	2	4:21	25	5:18	3.25	19:45	6:04	2	4:21	25	5:18
Lap 2	3.25	21:00	6:27	2	5:27	25	6:12	6.50	40:45	6:16	2	9:48	25	11:30
Lap 3	3.25	21:01	6:28	2	5:17	22	5:44	9.75	1:01:46	6:20	2	15:05	24	17:14
Lap 4	3.25	21:49	6:42	2	5:58	21	6:09	13.00	1:23:35	6:25	2	21:03	23	23:23
Lap 5	3.25	21:57	6:45	2	5:43	21	5:52	16.25	1:45:32	6:29	2	26:46	23	29:15
Lap 6	3.25	22:18	6:51	2	6:28	21	6:28	19.50	2:07:50	6:33	2	33:14	23	35:20
Last lap Finish	3.25	21:33	6:37	2	5:36	16	5:36	22.75	2:29:23	6:33	2	38:50	22	40:11