



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**ROUSSAT, Rene**

Club: LT Bittermark Dortmund

Number: 303

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:30:55

Speed: 8.75 km/h

Running performance: 6:38 min/km

Rank in course/Total: 119 (of 149)

Rank in course/Men: 96 (of 114)

Best time in course: 1:27:11

Rank in category: 19(of 20)

Best time in the category: 1:38:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:02	6:09	19	7:48	107	8:20	3.25	20:02	6:09	19	7:48	107	8:20	
Lap 2	3.25	20:20	6:15	19	6:36	99	7:46	6.50	40:22	6:12	19	14:24	104	16:06	
Lap 3	3.25	21:09	6:30	19	7:06	100	8:46	9.75	1:01:31	6:18	19	21:21	103	24:52	
Lap 4	3.25	21:18	6:33	19	7:01	100	8:45	13.00	1:22:49	6:22	19	28:10	101	33:37	
Lap 5	3.25	22:03	6:47	18	7:42	98	9:21	16.25	1:44:52	6:27	19	35:13	102	42:58	
Lap 6	3.25	22:27	6:54	18	7:47	93	9:34	19.50	2:07:19	6:31	19	42:58	100	52:31	
Last lap Finish	3.25	23:36	7:15	17	9:26	96	11:13	22.75	2:30:55	6:38	19	52:24	96	1:03:44	