



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHMIDT, Carsten

Club: LAufstall

Number: 311

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:31:31

Speed: 8.71 km/h

Running performance: 6:40 min/km

Rank in course/Total: 120 (of 149)

Rank in course/Men: 97 (of 114)

Best time in course: 1:27:11

Rank in category: 24(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:07	5:52	24	6:56	98	7:25	3.25	19:07	5:52	24	6:56	98	7:25	
Lap 2	3.25	20:24	6:16	25	7:33	100	7:50	6.50	39:31	6:04	23	14:29	98	15:15	
Lap 3	3.25	20:49	6:24	26	7:51	99	8:26	9.75	1:00:20	6:11	23	22:20	98	23:41	
Lap 4	3.25	21:11	6:31	26	8:28	99	8:38	13.00	1:21:31	6:16	25	30:48	99	32:19	
Lap 5	3.25	21:52	6:43	27	9:02	96	9:10	16.25	1:43:23	6:21	26	39:50	100	41:29	
Lap 6	3.25	23:32	7:14	25	10:39	102	10:39	19.50	2:06:55	6:30	25	50:29	99	52:07	
Last lap Finish	3.25	24:36	7:34	26	11:38	101	12:13	22.75	2:31:31	6:39	24	1:02:07	97	1:04:20	