



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KUMAR, Anand

Club: Generali Darmstadt

Number: 257

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:33:25

Speed: 8.60 km/h

Running performance: 6:44 min/km

Rank in course/Total: 123 (of 149)

Rank in course/Men: 99 (of 114)

Best time in course: 1:27:11

Rank in category: 25(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:59 | 6:08 | 26 | 7:48 | 106 | 8:17 | 3.25 | 19:59 | 6:08 | 26 | 7:48 | 106 | 8:17 |
| Lap 2 | 3.25 | 19:52 | 6:06 | 23 | 7:01 | 97 | 7:18 | 6.50 | 39:51 | 6:07 | 25 | 14:49 | 101 | 15:35 |
| Lap 3 | 3.25 | 20:39 | 6:21 | 25 | 7:41 | 98 | 8:16 | 9.75 | 1:00:30 | 6:12 | 26 | 22:30 | 101 | 23:51 |
| Lap 4 | 3.25 | 24:42 | 7:35 | 28 | 11:59 | 112 | 12:09 | 13.00 | 1:25:12 | 6:33 | 27 | 34:29 | 105 | 36:00 |
| Lap 5 | 3.25 | 21:31 | 6:37 | 25 | 8:41 | 93 | 8:49 | 16.25 | 1:46:43 | 6:34 | 27 | 43:10 | 103 | 44:49 |
| Lap 6 | 3.25 | 23:03 | 7:05 | 24 | 10:10 | 99 | 10:10 | 19.50 | 2:09:46 | 6:39 | 26 | 53:20 | 101 | 54:58 |
| Last lap Finish | 3.25 | 23:39 | 7:16 | 24 | 10:41 | 97 | 11:16 | 22.75 | 2:33:25 | 6:44 | 25 | 1:04:01 | 99 | 1:06:14 |