



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KUMAR, Anand

Club: Generali Darmstadt

Number: 257

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:33:25

Speed: 8.60 km/h

Running performance: 6:44 min/km

Rank in course/Total: 123 (of 149)

Rank in course/Men: 99 (of 114)

Best time in course: 1:27:11

Rank in category: 25(of 28)

Best time in the category: 1:29:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:59	6:08	26	7:48	106	8:17	3.25	19:59	6:08	26	7:48	106	8:17
Lap 2	3.25	19:52	6:06	23	7:01	97	7:18	6.50	39:51	6:07	25	14:49	101	15:35
Lap 3	3.25	20:39	6:21	25	7:41	98	8:16	9.75	1:00:30	6:12	26	22:30	101	23:51
Lap 4	3.25	24:42	7:35	28	11:59	112	12:09	13.00	1:25:12	6:33	27	34:29	105	36:00
Lap 5	3.25	21:31	6:37	25	8:41	93	8:49	16.25	1:46:43	6:34	27	43:10	103	44:49
Lap 6	3.25	23:03	7:05	24	10:10	99	10:10	19.50	2:09:46	6:39	26	53:20	101	54:58
Last lap Finish	3.25	23:39	7:16	24	10:41	97	11:16	22.75	2:33:25	6:44	25	1:04:01	99	1:06:14